



Oldbury Park Primary

Support for Families

This document respects every family's right to access information to help manage their own lives successfully, whilst guiding them to seek support from appropriate sources.

Help can be offered as soon as it is needed.

This document signposts support for all families. It includes both universal and specialist services, to reduce or prevent concerns from growing or becoming entrenched.

All support is offered in partnership with parents or carers.

The diagram below shows the range of needs at different levels. We use this graduated approach to make sure we provide the best support for different families' individual situations.



Providing help to our pupils and families at Oldbury Park Primary School means we are more effective in promoting support as soon as we can. This means providing support as soon as a problem emerges, at any point in a child's life.

In Keeping Children Safe in Education (latest version) it makes it clear that all staff in school should be aware of their local early help process and understand their role in it, this is embedded at Oldbury Park. In addition, this statutory document makes it clear that any child may benefit from early help, however, all school staff should be particularly alert to the potential need for early help for a child who:

- Is disabled and has specific additional needs;
- Has special educational needs (whether or not they have a statutory education, health care plan);

- Is a young carer;
- Is showing signs of being drawn in to anti-social or criminal behaviour, including gang involvement and association with organised crime groups;
- Is frequently missing/goes missing from care or from home;
- Is misusing drugs or alcohol themselves;
- Is at risk of modern slavery, trafficking or exploitation;
- Is in a family circumstance present challenges for the child; such as substance abuse, adult mental health problems or domestic abuse;
- Has returned home to their family from care;
- Is showing early signs of abuse and/or neglect;
- Is at risk of being radicalised or exploited;
- Is a privately fostered child. Everyone may need help at some time

We endeavour to create a school ethos that promotes trust between all adults and children, so that all children know who they can talk to if they have any concerns or worries, the children know this as their “5 Trusted Adults”. We strive to ensure concerns, no matter how small, are listened to and supported effectively.

Within school we provide the following early help support for all children		
What we can offer	What this support targets	Useful information
Hearts and Minds	In school Mental Health support through the wider curriculum.	Please request a copy of the Hearts and Minds policy through the school office.
Mental Health tiered support	Signposting for staff and families to Mental Health support and external agencies.	Call the school office or speak to your child’s class teacher to discuss: Tel. 01905 424878
Early Intervention Family Support	There are District Teams within Worcestershire who offer Early Family Support.	Team contact number: 01905 843339 Team email address: FamilySupportWorcester@worcesterschildrenfirst.org.uk
School Pastoral Support	Our Pastoral Lead is Sharon McFee. The pastoral team, comprising of 6 key adults, provide day to day nurture and pastoral support, in the form of; meet and greet, lunchtime support, 1:1 sessions and group activities.	Speak to your child’s class teacher if you feel your child would benefit from additional pastoral support.
Thrive	Thrive is a therapeutic approach to help support children with their emotional and social development. We screen children through the Thrive programme. The Thrive approach provides staff with action plans for the children’s individual needs. Research has shown that how we behave is linked to how we feel and our emotions are linked to how we learn. By teaching children to recognise and notice these feelings and emotions it can help with their development and learning. Thrive promotes their emotional and social growth by building positive relationships between a child and their peers and helps them explore and understand their feelings through various activities.	Speak to your child’s class teacher if you feel your child would benefit from additional pastoral support.

	The school has several licenced Thrive practitioners within our staff and all staff have had a programme of Thrive training.	
'Wrap Around' Care	School hosts 'Victoria House', a local child-care provider, to provide before and after school care for children attending school.	Tel. 01905 426499 http://www.victoriahousedaynursery.co.uk/
Mental Health First Aid 	The school has a Senior Mental Health Lead: Mrs Sarah Davies They are trained to spot signs and symptoms of common mental health issues, provide non-judgmental support and reassurance, and guide the young person or adult to seek the professional support they may need to help them recover.	Speak to your child's class teacher if you feel your child would benefit from additional pastoral support. Staying Safe http://stayingSAFE.net/ SANE 0845 767 800 Email: sanemail@org.uk www.sane.org.uk Samaritans 116 123 (24 hour helpline) https://www.samaritans.org/ Rethink Mental Illness 0300 5000 927 www.rethink.org Mental Health Foundation www.mentalhealth.org.uk MIND 0300 123 3393 or text 86463 www.mind.org.uk Anxiety UK 08444 775 774 www.anxietyuk.org.uk
Universal source of help for all families in Worcestershire	Worcestershire Family Information Service (FIS) Advisors give impartial information on childcare, finances, parenting and education. FIS are a useful source of information for parents and professionals. They support families, children and young people aged 0-19 years of age (25 for young people with additional needs) and professionals working with these families.	<ul style="list-style-type: none"> go to Worcestershire County Council - Saffron Children's Centre website email: sworcsfis@actionforchildren.org.uk call 01905 767107 or 07984 005504
Bullying (including cyberbullying)/ Child death/suicide/prevention	Oldbury Park has a clear behaviour Policy and Anti-bullying policy available on the school website or from the office. Useful links: Bullying UK Childline KidScape: https://www.kidscape.org.uk/	Speak to your child's class teacher if you are worried your child is a victim of bullying or if they are showing bullying behaviours themselves and you would like support.

Curriculum PSHE Programme	Our school delivers comprehensive Personal, Social, Health and Economics, (PSHE) and Relationship and Sex Education (RSE) programmes. These further support the children's understanding of how to keep themselves safe. It also broadens their understanding of strategies to develop their resilience, as well as their awareness of their mental health and approaches to keep this aspect of their lives healthy.	Please speak to the schools PSHE Lead if you would like to know more.
Drawing and Talking Therapy	This supports children who may have mental health concerns, or who need to work through Adverse Childhood Experiences in an emotionally safe place.	Drawing and Talking - Home page
Signposting to support within the community or further afield		
Hollie Guard-A new personal safety APP	Children & Teens <ul style="list-style-type: none"> • Hollie Guard keeps your entire family safe. • Keep an eye on your children while they're traveling to and from school with Journey. • Teens can get help quickly while out with friends. • Parents, guardians, and caregivers are automatically contacted by both SMS and email. 	https://hollieguard.com/
CLIMB – The Children Society	A referral process for children who are at risk of becoming involved in anti-social behaviour or criminal activity out in the community.	Please speak to Mrs Davies if you feel your child would benefit from this support.
Hate Crime	A hate crime is a criminal offense whose motivation can be shown to be race, national origin, religion or sexual orientation. If you feel your child has been a victim of a hate crime in the local community you can reach out the services listed here.	Hate Crime: West Mercia Police: Email: contactus@westmercia.police.uk Emergency number: 999 Non-Emergency number: 101 report online to True Vision https://educateagainsthate.com/parents/ Call in at your local police station
Children with disabilities team (CWD)	The Children with Disabilities (CWD) Social Work Team provide services designed to meet the needs of children and young people who have complex disabilities. An assessment will be offered where the child has a condition which is substantial, long lasting or permanent, is a physical and/or learning disability or a life limiting, life threatening condition. These may include: <ul style="list-style-type: none"> • severe learning disabilities • severe physical disabilities • severe developmental delay in motor and or cognitive functioning • profound multiple disabilities • severe sensory impairment (registered blind and/or profoundly deaf) 	Please arrange a meeting with Ms Esther Miller (SENCO) if you would like more information.

	<ul style="list-style-type: none"> • complex and severe health problems that arise from the disability, that are life threatening, degenerative illness or organic disorder resulting in severe disability • a diagnosis of Autistic Spectrum Condition with an associated learning disability and where the condition severely affects day to day functioning 	
Gender Identity	<p>The Gender Trust is a listening ear, a caring support and an information centre for anyone with any question concerning their gender identity, or whose loved one is struggling with gender identity issues.</p> <p>People who might be Transgender, Transsexual or people who do not identify with the gender they were assigned at birth or those who are simply unsure.</p>	<p>www.gendertrust.org.uk</p> <p>GenderTrust.org.uk</p>
Private Fostering Kinship Care	<p>Private fostering National Fostering Agency (NFA) Kinship Care Kinship care means that relatives or friends look after children who cannot live with their parents.</p>	<p>Call on: 0808 284 9226</p> <p>Visit this website for more information: http://www.worcestershire.gov.uk/privatefostering</p>
Children Missing in Education (CME)	<p>Children Missing Education (CME) refers to 'any child of compulsory school age who is not registered at any formally approved education activity eg school, alternative provision, elective home education, and has been out of education provision for at least 4 weeks'. CME also includes those children who are missing (family whereabouts unknown), and are usually children who are registered on a school roll / alternative provision.</p> <p>This might be a child who is not at their last known address and either has not taken up an allocated school place as expected, or has 10 or more days of continuous absence from school without explanation, or left school suddenly and the destination is unknown.</p>	<p>This is the link for Children Missing Education on the Worcestershire website:</p> <p>https://www.worcestershire.gov.uk/WCFEducationServices/info/30/education-welfare-service</p>
Children with family members in prison	<p>Approximately 200,000 children have a parent sent to prison each year. These children are at risk of poor outcomes including poverty, stigma, isolation and poor mental health.</p>	<p>NICCO (www.nicco.org.uk) provides information to support professionals working with offenders and their children to help mitigate the negative consequences for these children.</p> <p>https://www.nicco.org.uk/</p>
Children and the court system	<p>Children are sometimes required to give evidence in courts, either for crimes committed against them or for crimes they have witnessed. There are two guides to support these children which can be found at www.gov.uk (young witness booklet for 5 to 11 year olds) which is a pdf.</p> <p>There is also a document called "going to court and being a witness age 12 to 17" which is also found at www.gov.uk.</p>	<p>Go to www.gov.uk and search for "get help with arrangements."</p>

	<p>Making family arrangements via court can be stressful and entrench conflict in families. The ministry of Justice has just launched an online dispute resolution service. This can be useful to parents and carers.</p>	
Stalking	<p>General Advice:</p> <ul style="list-style-type: none"> • If it doesn't feel right it probably isn't! • Seek support from trusted family/friends • Report to the police and do this early • Keep a diary in a secure location • Screenshot emails etc and save them • Photograph/video your stalker if safely possible. 	<p>Get advice: Hollie Gazzard Trust</p> <p>National Stalking Helpline. The helpline will operate a triage service for local support and make referrals -Phone: 0808 802 0300</p> <p>Website: www.stalkinghelpline.org Email: advice@stalkinghelpline.org</p> <p>Paladin: National Stalking Advocacy Service For advice and referral. Phone line: 020 3866 4107 Email: info@paladinservice.co.uk Website: www.paladinservice.co.uk/ Hollie Gazzard Trust https://holliegazzard.org/</p>
NSPCC	<p>School has a long-standing relationship with the NSPCC charity. We host them in school to provide assemblies and workshops and use their resources on their 'PANTS' and 'Speak Out, Stay Safe' programme, helping children to keep safe.</p>	<p>https://www.nspcc.org.uk/ Helpline: 0808 800 5000</p>
Links with external agencies	<p>Oldbury Park maintains a close working relationship with a range of outside agencies, who we can call on to provide support when needed:</p> <ul style="list-style-type: none"> • Early Intervention Family Support • Speech and Language Therapy • Physical Disabilities Team • Children's Services • Educational Psychology • Behaviour Support Team • Complex Communication Needs Team (CCN Team) • School Nurse • Hearing Impairment Team • CAHMS Team • Visual Impairment Team 	<p>Talk to Ms Esther Miller (SENCo) for more information</p>


Safeguarding – Supporting Families

Oldbury Park Primary School believes safeguarding is everyone’s responsibility. All adults in school receive regular statutory update training.

The Designated Safeguarding Lead is Mrs Sarah Davies

The Deputy Designated Safeguarding Lead is Mr Tim Williams

All staff have received specialist training in the following areas:

<p>WSCB (Worcestershire Safeguarding Children’s Board)</p>	<p>Website. http://www.worcestershire.gov.uk/safeguardingchildren Important information for parents and professionals across Worcestershire in relation to keeping children safe and avenues of support including early help options. Everyone should know how to access this website which has all of the agreed Worcestershire safeguarding and child protection processes on it.</p>
<p>Prevent</p>	<p>All staff have completed PREVENT online training; certificates are filed in the safeguarding central file. This is also part of the induction process for all new staff.</p>
<p>Child Sexual Exploitation</p>	<p>All staff have been trained through the whole school safeguarding training delivered annually, and are able to identify early indicators of potential cases of child sexual exploitation.</p>
<p>Female Genital Mutilation</p>	<p>All staff have received training on FGM. Teachers know how to identify if a child may be at risk. There are aware of the countries and places within this country where children may be taken to for this to happen. They know the signs to look for and most importantly how to refer, following the schools safeguarding procedures.</p>
<p>Online safety</p> 	<p>Each year group are taught e-safety lessons throughout the year, linking directly with areas of computing they are working on. We have run presentations led by the NSPCC to support both children and parents to develop a greater awareness of the dangers they face online each day, as well as strategies to keep themselves safe. Regular hints and tips to protect children online, relating to specific areas of interest for children such as Fortnite and Tik-Tok are shared via monthly newsletters. Online safety information is shared at the Reception new-intake meeting each year. Children and parents are regularly signposted to the ‘THINKUKNOW’ website.</p>
<p>The Front Door to Children’s Services</p>	<p>If a member of staff, parent/carer or member of the public thinks a child or young person is at immediate risk of significant harm they should contact the Family Front Door (FFD) – 01905 822 666 or in an emergency always call 999. Do not wait to discuss this with the DSL/DDSL but do report it afterwards.</p>
<p>Universal source of help for all families in Worcestershire</p>	<p>Worcestershire Family Information Service (FIS) Advisors give impartial information on childcare, finances, parenting and education. FIS are a useful source of information for parents and professionals. They support families, children and young people aged 0-19 years of age (25 for young people with additional needs) and professionals working with these families.</p>
<p>DDNs (Dangerous Drug Networks)</p>	<p>DDN’s are drug dealing gangs who target vulnerable people in order to set up drugs distribution networks. These criminals are using extreme violence to establish a presence, displacing an existing drug supply chain and intimidating rivals, witnesses and victims, this has resulted in local murders. DDN’s exploit vulnerable teenagers to become drug runners for their network. Early intervention and intelligence are key to safeguard and protect the vulnerable.</p>
<p>Child Criminal Exploitation (County Lines)</p>	<p>Here is some guidance for frontline professionals on dealing with county lines, part of the government’s approach to ending gang violence and exploitation: https://www.westmercia.police.uk/advice/advice-and-information/cl/county-lines/</p>

	<p>Children who are trafficked, exploited or coerced into committing crimes are victims in need of safeguarding and support. Though perceptions are altering these young people are still often criminalised and perceived as having ‘made a choice’ to take part in illegal activity.</p>
Child Sexual Exploitation (CSE)	<p>West Midlands Safeguarding Children Procedures has a page dedicated to Child Sexual Exploitation. It provides information about child sexual exploitation, the roles and responsibilities of relevant agencies and the procedures practitioners should follow to ensure the safety and well-being of children and young people whom it is suspected have been sexually exploited or are at risk of sexual exploitation.</p> <p>Documents</p> <ul style="list-style-type: none"> • Appropriate Language: Child Sexual and/or Criminal Exploitation Guidance For Professionals (CSE Police and Prevention website) • Child Sexual Exploitation: Definition and a guide for practitioners (GOV.UK website) <p>Useful Websites</p> <ul style="list-style-type: none"> • Barnardo's spot the signs: Advice for parents, professionals and young people on the signs of sexual exploitation and how to keep safe • Department for Education (Gov.uk) National Action Plan for Tackling Child Sexual Exploitation • Parents Against Child Sexual Exploitation pace is the leading national charity working with parents and carers whose children are sexually exploited • NSPCC definitions, statistics, facts and resources about CSE. • NWG Network: Fighting against CSE and working to inform, educate and prevent child sexual abuse within the UK. • Spotting The Signs of Child Sexual Exploitation: a 15 minute YouTube clip from Health Education England
Domestic violence	<p>Here is a very helpful website for what do to in many different difficult situations: http://www.worcestershire.gov.uk/info/20379/domestic_violence_and_sexual_abuse</p> <p>West Mercia Women's Aid: 0800 980 3331 0800 783 1359 helpline@westmerciawomensaid.org</p> <p>Further reading</p> <ul style="list-style-type: none"> • Controlling or Coercive Behaviour in an Intimate or Family Relationship Statutory Guidance Framework (GOV.UK website) • Domestic Abuse - A toolkit for employers (Wellbeing.BIT website) • Groups for parents - information and guidance • Multi-agency Statutory Guidance for the Conduct of Domestic Homicide Reviews (GOV.UK website) • Worcestershire Domestic Abuse Strategy 2017 - 2020 (click to download) • Worcestershire Multi-agency domestic abuse training – Learning Outcomes (click to download)
Fabricated and induced illness (FII)	<p>Fabricated or induced illness (FII) is a rare form of child abuse. It occurs when a parent or carer , exaggerates or deliberately causes symptoms of illness in the child. https://www.nhs.uk/mental-health/conditions/fabricated-or-induced-illness/what-happens/</p>
Faith abuse	<p>Faith and belief-based child abuse, including practices around ‘spirit possession’ and ‘witchcraft’, is a hidden crime, which makes it difficult to quantify in terms of magnitude. However, from our own experience and in consultation with communities, we know this kind of abuse is under-reported.</p>

Honour based violence (HBV)	Honour' based violence (HBV) occurs when perpetrators believe a relative or other individual has shamed or damaged a family's or community's 'honour' or reputation (known in some communities as izzat), and that the only way to redeem the damaged 'honour' is to punish and/or kill the individual. The 'Honour Network Help line': 0800 5 999 247
Gangs and youth violence	Gangs and youth violence https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/418131/Preventing_youth_violence_and_gang_involvement_v3_Marc_h2015.pdf
Brooks Traffic Light Tool	This is to support the understanding and identification of sexual harassment and sexual violence. Mrs Sarah Davies is currently to trained member of staff.
Appropriate Adult	Sometimes children might need to be spoken to in school by the Police or Social Care. We always ensure the child has an Appropriate Adult present if the professionals are not known to them. Mrs Sarah Davies is currently trained at Oldbury Park.

Agencies and Charities

Citizen's Advice Bureau School.	Signposts parents and families to CAB for advice and support on a range of different issues which could be affecting their lives. For example: housing, debt and money management, cancer and palliative care support	The Hopmarket The Foregate Worcester WR1 1DL Tel. 03444 111 303 Email: advice@cabwhabac.org.uk https://www.citizensadvice.org.uk/family/education/
Worcester Food Bank	Vouchers can be obtained for emergency food, as well as staff providing advice and support on a range of different matters. School can give out vouchers for the long school holidays.	7 Lowesmoor Wharf Lowesmoor Worcester WR1 2RS Tel. 01905 780400 Email: info@worcester.foodbank.org.uk https://worcester.foodbank.org.uk/
Homestart	Home-Start is a local community network of trained volunteers and expert support helping families with young children through their challenging times.	Tel. 0116 464 5490 Email: info@home-start.org.uk https://www.home-start.org.uk
Worcester Community Trust	A charity managing six community centres in Worcester, running a range of projects to help families and children.	Tel. 01905 453 453 https://www.worcestercommunitytrust.org.uk
Two Pennies	Money Advice A charity that gives advice on how to manage finances, benefits and any debt issues.	The Angel Centre Angel Place Worcester WR1 3QN Tel. 01905 27001 Email: advisor@twopennies.org.uk https://www.twopennies.org.uk/

Footsteps	A local charity providing support for bereaved children, young people and their families in Worcestershire following the death of a parent, sibling or other significant person in their life. They support bereaved children and young people, and help them manage their grief.	Tel. 0845 467 6065 http://talktofootsteps.co.uk/
Winston's Wish	A national charity providing support for bereaved children and their families.	Freephone National Helpline: 08088 020 021 Email: info@winstonswish.org https://www.winstonswish.org/
Hollie Guard	A smartphone app that provides enhanced levels of protection. A simple shake or tap can activate Hollie Guard, automatically sending your location and audio/video evidence to your designated contacts.	https://hollieguard.com/
Helping Hands	This is a referrable support pathway for those children who have lived within a home where they have witnessed Domestic Abuse.	Children and Young People Services West Mercia Women's Aid

Please reach out – you are not alone!